

LINDA LIGHT

3421 NW 67th Street
Kansas City, MO 64151
Phone: 816.210.4152

PROFESSIONAL EXPERIENCE:

Safety Training Solutions Specialist Kansas City, MO August 1995-Present

Self employed owner, operator of a training company for businesses that want occupational health and safety programs that work. Develops, implements, organizes and facilitates occupational health and safety training services based on a specific analysis of the business. Has provided training to thousands of clients throughout the United States through highly interactive, easy to understand, enjoyable sessions that take the confusion out of technical and regulatory OSHA safety issues facing most companies. Provides companies the framework to develop safety programs that ensure compliance, protect profits, reduce worker injuries, stay current with regulatory issues and minimize legal risks.

Deputy Clinical Program Operations Manager/Health Education Specialist Federal Occupational Health Kansas City, MO September 2001- December 2005 (contractual project)

Provide project management and consultation for a wide variety of projects effecting the clinical operations of a \$100 million national comprehensive occupational health program for Federal agencies. Projects include background checks/security clearances, policy writing and revision, orientation development and implementation, coordinating computer training for clinical field sites, procurement, facility development and start up, and consultation regarding OSHA regulations. Chairs and/or participates on a variety of national task forces including Webshots immunizations, OHC Orientation Train the Trainer, Agreement Manager Orientation, and Facilities development and start up.

Associate Director for Operations Federal Occupational Health Kansas City, MO July 1992-August 1995

Responsible for all phases of planning and administering health promotion/disease prevention programs that serve Federal employees throughout the four-state region (KS, NE, MO, and IA). Identify needs, develop policy and strategies. Serve as principle advisor and program consultant for regional operational needs of specific health promotion/disease prevention programs. Responsible for providing 40-50 staff and overseeing all daily operations of regional health promotion/disease prevention programs at various locations.

Regional Wellness/Fitness Coordinator Federal Occupational Health Kansas City, MO June 1989-July 1992

Responsible for the daily operations of various health promotion/disease prevention programs in a four-state region. Develop and implement policies and procedures for national and regional programs, quality assurance and evaluation techniques. Responsible for developing and overseeing \$1.3 million budget for all wellness/fitness programs.

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PROFESSIONAL EXPERIENCE CON'T:

College Instructor – Longview Community College
Metropolitan Community Colleges, Kansas City, MO Part time, June 1991-1995

Exercise Physiologist/Nutritionist
Charter Hospital of Overland Park, Overland Park, KS June 1988-June 1989

Director of the Exercise Physiology Laboratory and Slimliners
HealthPlus Wellness and Fitness Center, Overland Park, KS November 1986-June 1988

Graduate Assistant – Human Performance Laboratory
Ball State University, Muncie, IN September 1984-August 1986

Home Economics Instructor
Unified School District 500, Northwest Middle School, Kansas City, KS August 1979-May 1984

EDUCATION:

Master of Arts – Exercise Physiology
1986, Ball State University, Muncie, IN

Master of Science – Education, emphasis multicultural
1981, Kansas State University, Manhattan, KS

Bachelor of Science – Home Economics Education
1979, Iowa State University, Ames, IA

Bachelor of Science – Physical Education
1978, Iowa State University, Ames, IA

CERTIFICATION:

Authorized Instructor (General Industry & Construction) – Occ. Safety and Health Adm. (OSHA)
Basic Life Support (BLS) Instructor – American Heart Association
Certified Healthcare Safety Professional – Board of Healthcare Safety
Exercise Specialist – American College of Sports Medicine
Registered Dietitian – American Dietetics Association

REFERENCES:

Available on request.